The NC State Extension Master Food Volunteer (EMFV) program provides NC residents the opportunity to engage with their communities by supporting NC Cooperative Extension programming in the areas of nutrition, cooking, food safety, and food systems. NC Cooperative Extension provides evidence-based information through community classes and events.

Anyone interested in cooking, nutrition, food safety, or food systems can apply!

**OPPORTUNITIES FOR VOLUNTEER SERVICES INCLUDE:**

- Food Demos
- Cooking Contests
- Youth Cooking Camps
- School Programs
- Cooking Classes

**WHAT IS EXPECTED?**

- Complete the EMFV application and interview
- Complete mandatory 30 hours of training
- Communicate volunteer interests that suit your skills to your supervising agent
- Contribute 30 hours of shadowing your supervising agent within the first year of service
- Contribute 20 hours of service per year, and 10 hours of continuing education
- Registration cost: $50

More information about the program and dates for the 2019 training can be found on our websites:


Application Open: March 1, 2019
Application Deadline: May 1, 2019
Trainings: Wednesday’s, May 15 – June 26
1 pm – 4 pm Madison – Yancey Co’s.