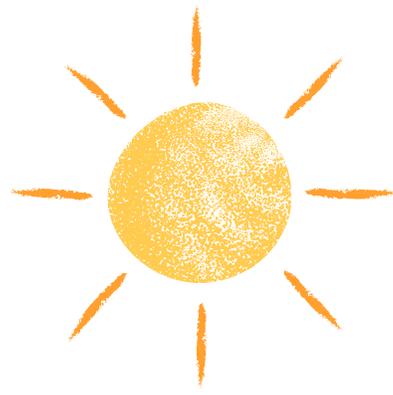


# What to pack for 4-H Camp @ Eastern 4-H Center



## Essentials

- Single sheets and a blanket OR a sleeping bag with single sheets optional
- Pillow and pillowcase
- Towels and washcloths, should include towel(s) for pool also
- Toiletries (soap, shampoo, deodorant, toothbrush, toothpaste)
- Water bottle
- Small tote bag - to carry around items needed for daily activities
- Swimsuit(s) (full coverage)
- Play clothes for six days (I recommend 7 sets of clothes in case one gets ruined/muddy/wet)
- 1 pair of long pants
- 7 pairs of socks and underwear
- Appropriate sleepwear
- 1-2 pair of closed-toe shoes
  - You are required to wear closed-toe shoes at all times when at camp. Crocs are NOT considered closed-toe.
- 1 pair water shoes/sandals (must have ankle strap)
- 1 pair of shower shoes or flip flops (optional)
- Light jacket or sweatshirt
- Rain jacket or poncho
- A nice outfit for the dance (such as: polo or button down shirt and khaki shorts/ girls- dress is optional)
- Waterproof sunscreen (recommended; all cabins and activity areas will have SPF 30 sunscreen available)
- Insect repellent (recommended)
- Flashlight with new batteries (recommended/optional)
- Prescription medication, if applicable (must be in original container, all containers in Ziplock bag with child's name on it)

TIP: Put your name on clothes and gear with permanent marker. The Center cannot be responsible for campers' personal items.

## Optional

- Talent show props/equipment (if you want to bring an instrument, Misty can store it; let me know in advance)
- Paper, pen, envelopes and stamps for letters home
- Disposable camera with your name in permanent ink
- Fishing gear
- Book
- Fan

## For the Bus Ride

- Lunch and snacks for Sunday on the way to camp

## What NOT to Bring

- **No electronics of any kind** (No cell phones/tablets/smart watches, radios/music players, handheld video games, or any type of electronics *(We will have movies on the bus ride for entertainment)*)
- Knives or weapons of any kind
- Anything expensive
- Controlled substances of any kind, including tobacco, vapes, etc.

Please do not feel that you need to go out and purchase something on this list if you do not own it. This list just gives you an idea of what your child may need while at camp. Contact Misty with any questions.

